

### Reminders for this term:

- Our School Day starts at 8:55am and children are expected to be in the playground by 8:50am. Please ensure that your child is here on time every day.
- Every day is vital – please make sure that your child does not miss school unless they are seriously unwell. Holidays in term time are not permitted. Please let the school office know if your child is absent.
- Our School Uniform is important – please make sure your child is wearing the correct clothes and shoes, and that they have the correct PE kit. **Please ensure that every item of your child's school uniform is named with a sewn on label or permanent pen.**
- PE lessons will take place on **Wednesdays and Fridays**. Please leave a PE kit in a bag on your child's peg – we will return it to you for washing at the end of the half-term.
- Your child will be set home learning every Friday. It must be completed and returned to school by the following Wednesday.
- Reading books will be changed on **Monday, Wednesday and Friday**. Reading Folders need to be brought in **every day**.
- Your child is expected to bring a book bag and book to school every day so that letters and books can be brought home for you and your child to read.
- It is vital that you take a few minutes to read with your child as often as possible. Your child will be bringing a reading book home to read daily, along with a reading diary for you to record any comments about their reading.
- We are always looking for ways to improve our school – please feel free to contact Mr Chester at [head@academy.thomas-s.co.uk](mailto:head@academy.thomas-s.co.uk) if you have any ideas or suggestions or if there is an issue you would like to discuss.

### Key Dates:

- 13th September– Parents Welcome Session
- 11th October– Mufti day for Foodbank donations
- 14th– 15th October– Parents Meetings Y1–6
- 21st–25th October– Half Term
- 28th October– INSET
- 29th– 30th October– Christianity Focus Days
- 30th November– Thistle House to wear Blue
- 13th December– KS1 Christmas Performance, Christmas Jumper Day and Christmas Lunch
- 19th December– Last Day of Term (2pm finish)

# Thomas's Academy

## Year 1 Topics, Autumn

### Brainwave



Our brains are incredible! By learning what our brains do, how they work and how we can look after them, we can help our brains to work even better. Our brilliant brains can help us to become brilliant learners.

Your body is a bundle of bones, muscles, senses and nerves all connected together to make you a human. But do you know how these parts of your body work with your brain? Let's find out.

### Superhuman



### The Earth, Our Home



All living things – plants, animals and people – have a home or somewhere to live that we call a 'habitat'. A habitat can be huge like the ocean or small like a leaf. A habitat could be a forest on the other side of the world or it could be a tree in our local area. Do you know any habitats?

### The adults working in our class are:

Miss Fraser – Class Teacher

Miss Sam – Learning Support Assistant

You can speak to us at the end of each school day in the playground or you can contact us through the school office by calling 0207 736 2318 or by sending an email to [admin@academy.thomas-s.co.uk](mailto:admin@academy.thomas-s.co.uk)



**What will we be learning?**

### **Brainwave**

We'll be finding out:

- How our brains work
- How all our brains are different
- How we can keep our brains healthy
- How we can become better learners
- How to wake up our brains

### **Superhuman**

We'll be finding out:

- What the main external parts of the body are called
- What the five human senses are
- How we can see, hear, smell, taste and touch
- How the brain connects to other body parts
- How to eat healthily and get enough exercise
- How and why we use medicines
- Why body hygiene is important

### **The Earth, Our Home**

We'll be finding out:

- About the plants and animals living in forests
- About different types of trees
- About plants and animals that live in other habitats
- How to sort living things into different groups
- What a micro-habitat is and what creatures live there
- How animals are adapted to their environment
- How living things depend on each other

In **PE**, we'll be playing football and focusing on our **ABCs** (Agility, Balance and Coordination)

In **English** we will be learning about:

We will be reading the book 'Avocado Baby', where the students will be learning different strategies to help them understand what they are reading. In writing, students will be learning how to join their words together to write a sentence. We will be focusing on neat writing, and using full stops and capital letters. The children will also be learning how to write a recount of an event.

In **Maths** we will be learning about:

Autumn1: Numbers to 10, Addition and subtraction within 10

Autumn 2: Shapes and patterns, Numbers to 20 and Addition and subtraction within 20

In **Music**, we'll be:

- Exploring pitch and rhythm
- Performing music to the correct tempo, as a group

**Art** Year 1 will explore mark-making using a range of tools. They will represent line and shapes to sounds inspired by the abstract artist Wassily Kandinsky.

Drawing from observation and imagination they will focus on creating expressive self-portraits and investigate the role of the illustrator using Beatrix Potter as a starting point for illustrating their own story, working with iPads and mixed-media.

Our **RE** focus this term is **Christianity**

**Character Curriculum**

- Zones of Regulation
- Positive Relationships

**Parent support in these lessons.**

We already know the interest you take in your child's work. If you can, please discuss with your child the work they have done as the term progresses and let them teach you. If your child has some work to research, please help them, but without actually doing the work.

Talk with your child about how they like to learn, and reflect on how they could help their brain to learn.

Talk with your child about how we can try to stay healthy by eating the right foods, getting enough sleep, taking exercise and protecting ourselves from germs by good hygiene practices.

Talk with your child about the wildlife that can be found in your local area. Go on a nature walk and try to identify any plant and animal habitats you can find.

If you have any skills or knowledge related to these topics that you would like to share, please do let us know!

In **Spanish**, we'll be finding out:

- about greetings
- Numbers to 10
- How the Spanish celebrate Christmas

In **Computing** we will be learning about:

- Introduction into keyboard skills
- Introduction to logging in
- Computer Science—  
What is an algorithm?