

Spring Menu 2024 - Allergen Matrix - Thomas's Academy

Y = allergen present
N = allergen not present
M = allergen may be present

Name	Celery	Crustacean	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Soybeans	Sulphur	Nuts	Cereals (Gluten)	Barley	Oats	Rye	Wheat
JNR - CARBOHYDRATE - Potatoes New	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
JNR - CARBOHYDRATE - Pasta Penne	N	N	N	N	N	N	N	M	N	N	M	N	N	Y	N	N	N	Y
JNR - CARBOHYDRATE - Pasta Penne Gluten Free	N	N	N	N	M	N	N	N	N	N	M	N	N	N	N	N	N	N
JNR - CARBOHYDRATE - Pasta Twists	N	N	N	N	N	N	N	M	N	N	M	N	N	Y	N	N	N	Y
JNR - CARBOHYDRATE - Potato Jacket	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
JNR - CARBOHYDRATE - Potatoes Chips	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
JNR - CARBOHYDRATE - Potatoes Mashed Celavita	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N
JNR - CARBOHYDRATE - Potatoes Mashed Celavita Dairy Free	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
JNR - CARBOHYDRATE - Potatoes Roasted	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
JNR - CARBOHYDRATE - Potatoes Wedges	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
JNR - CARBOHYDRATE - Rice	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
JNR - CARBOHYDRATE - Spaghetti	N	N	N	N	N	N	N	M	N	N	M	N	N	Y	N	N	N	Y
JNR - CARBOHYDRATE - Spaghetti Gluten Free	N	N	N	N	M	N	N	N	N	N	M	N	N	N	N	N	N	N
JNR - CARBOHYDRATE - Tortilla Wrap	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	Y
JNR - CARBOHYDRATE - Yorkshire Pudding	N	N	Y	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	Y
JNR - DESSERT - COLD - Chocolate & Beetroot Brownie	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	Y
JNR - DESSERT - COLD - Fruit Flavoured Yoghurt	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N
JNR - DESSERT - COLD - Fruit Salad NAS	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
JNR - DESSERT - COLD - Shortbread Vanilla	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	Y
JNR - DESSERT - COLD - Vanilla Ice Cream Scoop	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N
JNR - DESSERT - HOT - Crumble Apple	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	M	Y	N	Y
JNR - DESSERT - HOT - Custard	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N
JNR - DESSERT - HOT - Sponge Apple & Cinnamon	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	Y
JNR - DESSERT - HOT - Sponge Jam & Coconut	N	N	Y	N	N	N	N	N	N	N	N	Y	N	Y	N	N	N	Y
JNR - DESSERT - HOT - Zesty Orange Drizzle Cake	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	Y
JNR - MAIN - FISH - Breaded Fish Gluten Free	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
JNR - MAIN - FISH - Fish Fingers	N	N	N	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	Y
JNR - MAIN - FISH - Fishcakes	N	N	N	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	Y

