

WEEK 1 MENU

WEEKS: 21/04, 12/05, 09/06. 30/06, 21/07, 01,09, 22/09, 13/10





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Margherita wholemeal pizza served with baked potato wedges, peas & sweetcorn	Chicken curry served with turmeric rice, naan bread finger & mixed vegetables	Roast chicken served with roast potatoes, carrots, cabbage and gravy	Homemade beef lasagne served with wholemeal garlic & herb bread, mixed vegetables or salad	Fish fingers or salmon fish fingers served with chips, garden peas or baked beans & ketchup
MEAT FREE	Quorn sausage in a baguette served with crispy potatoes & vegetable sticks	Jacket potato with choice of toppings served with fresh salad	Pasta twists with homemade tomato and vegetable sauce served with fresh salad	Jacket potato with choice of toppings served with fresh salad	Vegan Quorn sausage served with chips, garden peas or baked beans & ketchup
DESSERTS	Raisin cookie, fruity jelly, fresh fruit pot	Apple & summer berry crumble, Natural yogurt with healthy toppings & coulis, fresh fruit pot	Peach & vanilla sponge, fruity jelly, fresh fruit pot	Vanilla ice cream & fruit sauce, Natural yogurt with healthy toppings & coulis, fresh fruit pot	Chocolate brownie, fruity jelly, fresh fruit pot

Making lunchtime the highlight of your day

LUNCHTIME C.º°

WEEK 2 MENU

WEEK: 28/04, 19/05, 16/06, 07/07, 08/09, 29/09, 20/10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Traditional macaroni cheese served with wholemeal garlic & herb bread, seasonal vegetables	Pad Thai-style chicken served with noodles and stir-fried seasonal vegetables	Chicken sausages served with roast potatoes, carrots, broccoli and gravy	Beef mince chili wrap served with savoury vegetable rice & salad	Breaded fish fillet served with chips, garden peas or baked beans & ketchup
ME AT FREE	Jacket potato with choice of toppings served with fresh salad	Pasta twists with homemade tomato and vegetable sauce served with fresh salad	Jacket potato with choice of toppings served with fresh salad	Veggie mince chili wrap served with savoury vegetable rice & salad	Vegetable nuggets served with chips, garden peas or baked beans & ketchup
DESSERTS	Chocolate shortbread & orange wedge, fruity jelly, fresh fruit pot	Sticky toffee apple cake, Natural yogurt with healthy toppings & coulis, fresh fruit pot	Banana cake & custard, fruity jelly, fresh fruit pot	Vanilla ice cream & fruit sauce, Natural yogurt with healthy toppings & coulis, fresh fruit pot	Lemon drizzle cake, fruity jelly, fresh fruit pot

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WEEKS: 05/05, 02/06, 23/06, 14/07, 15/09,06/10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Vegan sausage roll served with crispy potatoes & vegetable sticks	Jerk chicken thigh served with rice & beans, seasonal vegetable	Roast turkey served with potatoes, yorkshire pudding, carrots, broccoli & gravy	Beef bolognese pasta served with garlic & herb bread, mixed vegetables	Fish fingers served with chips, garden peas or baked beans & ketchup
MEAT FREE	Rainbow wholemeal pizza served with baked potato wedges, peas & sweetcorn	Jacket potato with choice of toppings served with fresh salad	Pasta twists with homemade tomato and vegetable sauce served with fresh salad	Jacket potato with choice of toppings served with fresh salad	Cheese, onion & pepper roll served with chips, garden peas or baked beans & ketchup
DESSERTS	Chocolate sponge, fruity jelly, fresh fruit pot	Mixed berry cake, Natural yogurt with healthy toppings & coulis, fresh fruit pot	Fruit flapjack, Natural yogurt with healthy toppings & coulis, fresh fruit pot	Vanilla ice cream & fruit sauce, Natural yogurt with healthy toppings & coulis, fresh fruit pot	Jaffa-style sponge, fruity jelly, fresh fruit pot

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