# LUNCHTIME C.º°

### WEEK 1 MENU

WEEKS: 04/11, 25/11, 16/12, 20/01, 10/02, 10/03, 31/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Roasted Vegetable, Tomato & Chickpea Pasta Bake & Mixed Vegetable	Thai Chicken Curry Served with Fragrant Rice & Medley of Green Vegetables	Roast Chicken served with Roast Potatoes, Carrots, Broccoli, and Gravy	Beef Bolognaise served with Spaghetti, Homemade Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad	Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans
MEAT FREE	Cheese & Tomato Pinwheels Served With Wholegrain Rice & Mixed Vegetable	Roasted Butternut Squash & Spinach Thai Curry Served with Fragrant Rice & Medley of Green Vegetables	Quorn Fillet served with Roast Potatoes, Carrots, Cabbage and Gravy	Vegetable & Lentil Bolognaise served with Penne Pasta, Homemade Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad	Vegetable Nuggets served with Chips, Garden Peas or Baked Beans
Lunchtime Lunchbox	Cheese or tuna mayo sandwich served with mixed salad	Roasted vegetable wrap served with mixed salad	Chicken salad sandwich served with mixed salad	Cheese sandwich served with mixed slad	Cheese or tuna mayo sandwich served with mixed salad
DESSERTS	Vanilla Shortbread Biscuit Or Fresh Fruit Pot	Natural yogurt served with healthy toppings & fruit compote Or Fresh fruit pot	Apple Flapjack Or Fresh Fruit Pot	Natural yogurt served with healthy toppings & fruit compote Or Fresh fruit pot	Vote for your favourite dessert Or Fresh Fruit Pot

### Making lunchtime the highlight of your day



# WEEKS: 11/11, 02/12, 06/01, 27/01, 24/02, 17/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Margarita Pizza Served with Baked Potato Wedges, Peas & Sweetcorn	Marinated Jerk Chicken Served With Rice & Peas, Mixed Vegetable	Roast Turkey served with Roast Potatoes, Carrots, Broccoli and Gravy	Italian Meatball in a Rich Tomato Sauce Served with Pasta & Mixed Vegetables	Breaded Fish Fillet served with Chips, Garden Peas or Baked Beans
MEAT FREE	Rainbow Pizza Served with Baked Potato Wedges, Peas & Sweetcorn	Sweet Potato & Black Bean Jerk Curry Served With Rice & Peas, Mixed Vegetable	Cauliflower, Broccoli Lentil Cheese Bake Served with Roast Potatoes, Carrots, Broccoli and Gravy	Italian Vegan Meatball in a Rich Tomato Sauce Served with Pasta & Mixed Vegetables	Vegan Sausage Roll served with Chips, Garden Peas or Baked Beans
Lunchtime lunchbox	Roasted vegetable wrap served with mixed salad	Tuna or egg sandwich served with mixed salad	Chicken salad sandwich served with mixed salad	Cheese baguette served with mixed salad	Chicken wrap served with mixed salad
DESSERTS	Chocolate Shortbread with Orange Wedge Or Fresh Fruit Pot	Natural yogurt served with healthy toppings & fruit compote Or Fresh fruit pot	Oat & Raisin Cookie Or Fresh Fruit Pot	Natural yogurt served with healthy toppings & fruit compote Or Fresh fruit pot	Vote for your favourite dessert Or Fresh Fruit Pot

### Making lunchtime the highlight of your day



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WEEKS: 18/11, 09/12, 13/01, 03/02, 03/03, 24/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Traditional Macaroni Cheese Served with Homemade Garlic & Herb Bread, Seasonal Vegetables	Turkey Tikka Served with Rice, Naan Bread Finger and Mixed vegetable	Chicken Sausage served with Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy	Beef Lasagna Served with Homemade Garlic Bread & Mixed Vegetables Or Fresh Salad	Fish Fingers Served with Chips, Garden Peas or Baked Beans
MEAT FREE	Moroccan Vegetable & Chickpea Tagine Served with Crusty Whole meal Bread	Vegetable Tikka Served with Rice, Naan Bread Finger and Mixed vegetable	Quorn Sausage served with Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy	Tex Mex Vegan Mince & Cheese Burrito Served With Mixed Vegetables Or Fresh Salad	Fishless Fish Fingers served with Chips, Garden Peas or Baked Beans
Lunchtime Lunchbox	Cheese or tuna mayo sandwich served with mixed salad	Turkey wrap served with mixed salad	Egg mayo baguette served with mixed salad	Cheese sandwich served with mixed slad	Chicken salad sandwich served with mixed salad
DESSERTS	Chocolate Brownie Or Fresh Fruit Pot	Natural yogurt served with healthy toppings & fruit compote Or Fresh fruit pot	Banana & Orange Sponge Or Fresh Fruit Pot	Natural yogurt served with healthy toppings & fruit compote Or Fresh fruit pot	Vote for your favourite dessert Or Fresh Fruit Pot

### Making lunchtime the highlight of your day