

WEEK 1 MENU

WEEKS: 03/11, 24/11, 15/12, 19/01, 09/02, 09/03



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL Homemade macaroni cheese served with Homemade tomato bread & roasted Mediterranean vegetables Homemade beef chilli taco served with savoury vegetable Rice Roast Chicken served with Potatoes, Yorkshire pudding, carrots, cauliflower And gravy Minty crispy topped Shepherd's Pie served with Seasonal vegetable

Fish fingers or salmon fish fingers served with chips, garden peas or baked beans & ketchup

MEAT FREE Cauliflower & chickpea korma served with rice, naan bread fingers & seasonal vegetables Pasta twists with Homemade tomato and vegetable sauce served with fresh salad Cheese & potato Pie served with Yorkshire pudding, carrots, cauliflower And gravy Jacket potato with choice of toppings served with Fresh salad

Vegetable nuggets served with chips, garden peas or baked beans & ketchup

DESSERTS

Choose One of Our Fabulous Desserts Apple & berry crumble Fruity jelly Fresh fruit pot Choose One of Our Fabulous Desserts Jam & Coconut Sponge Fruit yogurt & coulis Fresh fruit pot Choose One of Our Fabulous Desserts Oat & raisin cookie Fruity jelly Fresh fruit pot Choose One of Our Fabulous Desserts Caramel mousse with Bananas Fruit yogurt & coulis Fresh fruit pot Choose One of Our Fabulous Desserts Vanilla ice cream with fruit sauce Fruity jelly Fresh fruit pot



WEEK 2 MENU

WEEKS: 10/11, 01/12, 05/01, 26/01, 23/02, 16/03



M	Ol	NE	A	Y

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

Margherita wholemeal pizza served with baked potato wedges, peas & sweetcorn Greek Style chicken shawarma in a pitta bread served with warm cous cous Roast turkey served with roast Potatoes, carrots, broccoli, Yorkshire pudding and gravy Sticky Asian meatballs served with egg fried vegetable Rice

Breaded fish fingers served with chips, garden peas or baked beans & ketchup

MEAT FREE

Traffic Light
wholemeal pizza
served with
baked potato wedges,
peas & sweetcorn

Pasta twists with Homemade tomato and vegetable sauce served with fresh salad Jacket potato with choice of toppings served with Fresh salad Pasta twists with cheddar cheese sauce with fresh salad Cheese, onion &
mixed Pepper roll
served with chips,
garden peas or
baked beans & ketchup

DESSERTS

Choose One of Our Fabulous Desserts Strawberry mousse with Mixed Berry compote Fruity jelly Fresh fruit pot

Choose One of Our Fabulous Desserts Jam roly poly Fruit yogurt & coulis Fresh fruit pot Choose One of Our Fabulous Desserts Sticky pineapple Cake Fruity jelly Fresh fruit pot Choose One of Our Fabulous Desserts Lemon Cake Fruit yogurt & coulis Fresh fruit pot Choose One of Our Fabulous Desserts Chocolate Brownie Fruity jelly Fresh fruit pot



WEEK 3 MENU

WEEKS: 17/11, 08/12, 12/01, 02/02, 02/03, 23/03



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL Cheese & tomato
Swirl
served with
savoury vegetable
Rice

Jerk marinated chicken thigh served with rice & beans Chicken Sausage roast served with mashed Potatoes, carrots, cabbage, Yorkshire pudding and gravy

Beef Bolognese Served with Spaghetti, Whole Meal Garlic & Herb bread, Seasonal Vegetable

Breaded Fish fillet served with chips, garden peas or Baked beans & ketchup

MEAT FREE Jacket potato with choice of toppings served with Fresh salad Pasta twists with Homemade tomato and vegetable sauce served with fresh salad Quorn Sausage roast served with mashed potatoes, carrots, cabbage, Yorkshire pudding and Gravy Plant Based Bolognese Served with Spaghetti, Whole Meal Garlic & Herb bread, Seasonal Vegetable Fishless fish fingers served with chips, garden peas or baked beans & ketchup

DESSERTS

Choose One of Our Fabulous Desserts Sprinkle cookie Fruity jelly Fresh fruit pot Choose One of Our Fabulous Desserts Syrup Sponge Fruit yogurt & coulis Fresh fruit pot Choose One of Our Fabulous Desserts Chocolate mousse with orange wedge Fruity jelly Fresh fruit pot Choose One of Our Fabulous Desserts Carrot Cake Fruit yogurt & coulis Fresh fruit pot Choose One of Our Fabulous Desserts Victoria Sponge Fruity jelly Fresh fruit pot

Making lunchtime the highlight of your day